

Start Berry Hill Park Gates on Litchfield Lane

Right onto Berry Hill Lane

Right down Black Scotch Lane, right and then left to continue along Black Scotch Lane.

Left onto Chatsworth Drive

Left onto Lindhurst Lane then right at the top onto Berry Hill Lane again.

Right onto Southwell Road West towards the crossroads.

Right onto Adamsway, straight over the first island (3rd exit) and right at the 2nd island the A617.

Left onto A60 Nottingham Road, continue on this road until you reach Rickets Lane (for the locals - the table top tree).

Left onto Rickets Lane and follow this road until you reach Cross Lane.

Left onto Cross Lane.

Left onto Blidworth Lane and left again onto Southwell Road East.

Left at the 1st island joining the A617.

Right at the 1st island retracing the route outwards.

At the next island turn left onto Lindhurst Lane and left again onto Chatsworth Drive.

At Black Scotch Lane turn right until you reach The Avenue.

Left onto The Avenue, to the top.

Turn right onto Litchfield Lane.

Right into Berry Hill Park where you follow the tarmac road which leads towards the club house next to the track.

Join the track outside the club house and run clockwise.

The finish is situated at the top right corner of the track.

The course has been measured at 13.1 miles using the 3A's measurer.